



REVIEW ARTICLE

A Critical Review of *Bharat Bhaishajya Ratnakar*

Author: Roshni Koted¹

Co Authors: Vijaypal Tyagi², Manisha Goyal³, Govind Sahay Shukla⁴ and Rajaram Agarwal⁵

¹⁻⁵P.G. Department of Rasashastra & Bhaishjya Kalpana) University College of Ayurved, Dr. S.R. Rajasthan Ayurved University, Jodhpur, Rajasthan, India

ABSTRACT

Rasashashtra and Bhaishajya Kalpana is the most important branch of *Ayurveda*. It deals with selection of genuine raw drug, their collection, processing of poisonous herbs, manufacture of herbal, herbo-mineral, herbo-metallic formulation and their therapeutic indications with dose and dietary regimens. In *Bharat Bhaishajya Ratnakar*, different formulations are given, which have been collected according to the alphabet of Hindi that is why it is very convenient to search formulations in this text. The opinion of the same yoga according to different Acharyas is accumulated here in one place which is easy to differentiate. It has been divided into 5 parts. In this book, special uses, note, list and hints are given in the beginning so that the readers can understand everything easily.

Key Words *Bharat Bhaishjya Ratnakar, Akaradi Kashaya, Tamradruti, Pratinidhi dravya, Vakaradi Mishra*

Received 15th September 21 Accepted 14th October 21 Published 10th November 2021

INTRODUCTION

In *Ayurveda*, mainly two types of books are available one is classical textbooks like *Charaka samhita, Susrut Samhita*, and the other one is compilation like *Bharat Bhaishajya Ratnakar*. *Bharat Bhaishajya Ratnakar* is well known compiled book consisting of the description about various *RasRasaushadhi* and its

therapeutical properties, which were taken from 35 different *Ayurvedic* texts books and are well arranged in Hindi alphabetical order. In this book acharya compile different views of different acharyas in same composition. Sometimes the same formulation is repeated with different contents. In total, there are 9598 formulations are mentioned.

Table 1 Volumes show in details

Division	Alphabet of Hindi orders	Each parts formulation	contents	Total formulation
1	अकारदिक्वाथ – खकारादिमिश्रतक	1-1107		1107
2	गकारादिकषाय – तकारादिमिश्रतक	1108-2811		1703
3	दकारादिकषाय – भकारादिकषायमिश्रतक	2812-4975		2163
4	मकारादिकषाय – वकारादिमिश्रतक	4976-7170		2194
5	शकारादि– शकारादिमिश्रतक	7171-8776		1605
	परशिष्ट अ– ख	8777-9598		821

REVIEW ARTICLE

Description of the Book: -*Bharat Bhaishajya Ratnakar*

Author- Shri Nagindas Chaganlal shah

Translation of book done by- Late P. Gopinath Gupta

Explanation-*Bhavprakashikakhyavyakhyaya*

Modified by- Late P.Nivaran Chandra Bhatt Acharyana

Publication - B. Jain Publishers (Pvt) Ltd. New Delhi

Specialty - It is mentioned in five parts.

Period: - 1 publication word 2450

2 publication 1928 BC

3 publication - 1999 August

First part

The first part starts with obligation to God *Dhanvantari* then he continuous with discussion of *swarasa*, *kalka*, *kwatha*, *hima*, and *phanta kalpana*, as well as their production and

formulations, beginning with the alphabet. Along with its *Prakshep dravyas*. Here author compiled all the formulation from *Akaradi* to *Khakaradi*. Also included *Mana paribhasha*, *Dravya grahan vidhi*, *samanya dravya grahan*, *Abhav dravya grahan/Pratinidhi dravya* and *Vividha paribhasha*. Author also enlisted 64 *Rogadhikara* in this volume.

In this part the details about *Swarasa* preparation, dose, along with popular examples are told. They are given another preparations method of *swarasa* is explained by acharya in that *Kudav churna* mixed with two times of water and kept for 24hrs and then filtered.

Dose- two *tola* and method of preparation if *Agni siddha*, then it will be five *tola*.

Total 43 *Akaradi swarasa* and *kwath* are mentioned here. like *Ajamodadi kwath*, *Arka patra swarasa*, *ashwatyha patra kwath* etc.

	टकारदि	टाकारादि	ठकारादि	उकारादि	ऊकारादि	ऋ	एकारादि	ऐकारादि	ओकारादि	औकारादि	अकारादि	ककारादि	खकारादि
क्वाथ	42	14	4	9	1	6	-	-	1	1	59	7	
चूर्ण	46	6	3	5	1	14	-	-	-	-	65	-	
गुटिका	38	9	5	1	-	3	-	-	-	-	35	9	
गुग्गुलु	7	2	-	-	-	1	-	-	-	-	3	-	
अवलेह	17	8	1	1	-	4	-	-	-	-	45	16	
घृत	19	4	-	1	-	-	1	-	-	-	27	4	
तैल	16	5	-	5	-	10	1	-	-	1	42	1	
आसवारिष्ट	10	1	-	1	-	1	-	-	-	-	10	4	
लेप	13	3	-	7	-	1	-	1	-	1	20	4	
धूम्र	12	-	-	-	-	-	-	-	-	-	-	-	
नस्य	4	4	-	-	-	-	-	-	-	-	7	-	
रस	130	14	9	28	-	1	-	-	-	-	117	4	
रसायन	-	8	-	-	-	-	1	-	-	-	-	-	

Table 2 Indicating chapter wise distribution of formulations

Table 3 Value is described in the Appendix(Current relative value)

1 धान =1 चावल	5 तौला=1 छटांक
4 धान =1 रत्ती	16 छटांक=1/16 सेर

6 रत्ती =1आना	1 कांच =1/4 छटांक
8 रत्ती =1माषा	1 छटांक =1/16 सेर
16आना =1 तौला	1 पाव= 1/4सेर

REVIEW ARTICLE

1रुपया = 1 तौला	1 सेर = 2 पौंड
1 मन = 82 पौंड	1 टन = 27 मन

Second part

- Total *shloka* 1108 -2811
- *Acharya* has started this part with *manglacharan*
- There is narration from *Gakaradi Kashaya* to *Takradi Mishran*.

In this volume, with classical weight parameters, modern parameters are also explained. Mostly, preparations are written with present timeously

Table 4 Indicating chapter wise distribution of formulations.

	गकारादि	घकारादि	चकारादि	छकारादि	जकारादि	टकारादि	डकारादि	तकारादि
क्वाथ	56	3	28	12	8	-	-	71
कल्क	-	-	4	-	-	-	-	-
चूर्ण	45	4	46	2	26	2	-	75
गुटिका	34	2	21	-	22	-	-	43
गुग्गुलु	16	-	15	-	-	-	-	10
अवलेह	9	-	-	1	5	-	-	2
घृत	28	-	23	-	12	-	-	34
तैल	31	-	25	-	18	-	-	17
आसवारिष्ट	5	-	6	-	1	-	-	5
लेप	43	-	26	-	17	-	-	36
धूप	3	-	2	-	1	-	-	2
नस्य	10	-	-	-	5	-	-	3
रस	115	2	77	1	80	-	1	194
मिश्र	10	2	2	-	15	4	-	18
अंजन	17	-	18	-	1	1	-	23
कल्प	3	-	2	-	1	-	-	3
स्वरस	-	1	-	-	-	-	-	-
धूम्र	-	1	1	-	-	-	-	-

Third part

- *Dakaradi kashaya* to *bhakaradi kashaya* preparation are described. Total 2163 preparation are described out of which 62 are relate to *dhatu shodhan maran*.

Table 5 Indicating chapter wise distribution of formulations

	छकारादि	धकारादि	नकारादि	पकारादि	फकारादि	बकारादि	भकारादि
क्वाथ	92	21	47	161	5	36	31
कल्क	-	-	3	6	-	6	1
चूर्ण	60	11	45	120	4	32	33
गुटिका	10	3	24	37	2	1	24

dose and quantity. Out of total 1704 preparations, 95 is *dhatushodhan, maran* preparation. All *gandhak* containing formulation are explained. *chikitsa path pradarshini* covers 58 *rogadhikaras*.

There is a description of *Tamradruti* in *Takaradi Kashaya*. Which is prepared after wrapping the *Kajjali* well on the *Kantak Vedhi patra* and keeping it in a bright sun, the liquid should be ready after 1 prahar fill it up in a bottle. Dose 1 *Ratti*- it is useful for *Amla pitta, kasa, shoush,*

- 2812-4975 *Shlokas* given here, in this volume *parada prakaran* has been described with *parada ashthasamsakar*. in this volume total 60 types of *rogadhikar* are mentioned.



REVIEW ARTICLE

गुग्गुलु	4	-	4	6	-	-	-
अवलेह	21	7	7	34	-	10	17
घृत	46	12	25	65	3	25	13
तैल	40	7	29	40	2	18	20
आसवारिष्ट	15	2	1	13	1	3	1
लेप	25	10	37	56	-	21	18
धुप	3	-	8	6	1	1	1
नस्य	9	-	7	9	-	4	3
रस	36	12	79	226	3	27	46
मिश्र	11	10	22	28	1	16	2
अंजन	16	2	20	29	-	7	8
कल्प	2	1	2	1	-	1	1
स्वरस	-	1	5	-	-	3	-
धूम्र	3	1	1	-	-	-	-

Fourth part

Description of *Makaradi Kashaya* to *Vakaradi Mishra* is found here. total 2195 preparations are described out of them 96 formulations are described under title of *dhatu shodhan maran*. in this volume *visha shodhan*, *maran*, and *rakshan*

are explained. at the end of this volume 62 types of *rogadhikar* are mentioned.

Makaradi, *Yakaradi*, *Rakaradi*, *Lakāradi*, *vakāradi taila*, *gutika*, *avaleha*, *asava arishta*, *churna*, *dhoom*, *nasya*, *anjan*, *guggulu*, *paka*, *ghrita*, *kalpa*, *rasa*, *Mishra* are mentioned.

Table 6 Indicating chapter wise distribution of formulations

	मकारादि	यकारादि	रकारादि	ल्कारादि	वकारादि
क्वाथ	75	21	36	13	111
कल्क	2	-	8	1	-
चूर्ण	79	28	28	42	101
गुटिका	46	4	37	18	154
गुग्गुलु	2	7	3	5	12
अवलेह	23	3	8	8	33
घृत	69	11	15	13	60
तैल	74	7	14	23	77
आसवारिष्ट	17	1	9	8	6
लेप	55	12	27	20	30
धुप	9	2	4	-	4
नस्य	14	1	5	3	6
रस	250	21	156	106	184
मिश्र	36	9	23	18	23
अंजन	14	1	16	6	12
कल्प	1	-	-	1	1
धूम्र	2	-	1	-	2

Fifth part

In this volume total 1670 preparations from *Shakaradi* to *Shakaradi* are described, from which 56 preparations are related to the *rasa-*

uparasa and their purification process i.e., *shodhan*, *maran*. there are 4 types of *swarna shodhan* 20 types of *Swarna maan* and 9 types of

REVIEW ARTICLE

swarna yoga are explained. Total 63 *Roga-adhikar* are given in this volume.

Table 7 Indicating chapter wise distribution of formulations

	शकारादि	षकारादि	सकारादि	हकारादि	क्षकारादि	ज्ञकारादि
क्वाथ	74	4	36	27	6	-
कल्क	14	-	-	-	-	-
चूर्ण	55	5	82	71	8	-
गुटिका	26	5	56	8	5	-
गुग्गुलु	2	4	13	1	1	-
अवलेह	17	-	23	8	3	-
घृत	40	6	36	10	8	-
तैल	42	6	45	16	4	-
आसवारिष्ट	4	-	4	2	-	-
लेप	50	-	55	25	3	-
धूप	3	-	5	-	-	-
नस्य	12	-	5	3	-	-
श्रस	210	-	288	68	22	1
मिश्र	31	-	32	18	21	-
अंजन	21	1	31	-	-	-
कल्प	-	-	-	-	-	-
धूम्र	-	-	1	-	-	-

CONCLUSION

Bharat Bhaishjya Ratnakar is considered as first compilation as per API. it covers almost all formulation or preparation (9598) present in available classical texts of *Ayurveda* of all branches. it seems to be very vast compilation of *ayurvedic* preparations but arranged in such a

beautiful and proper manner so one can easily search needed preparation with there all details. Acharyas also explained some magical formulations with miraculous effects, grouped under *mishradhikar* in each volume. In every volume *chikitsa path pradarshini* makes easy for practionars to search for better formulations.

REVIEW ARTICLE

REFERENCES

1. ShreeNagindas ChaganlalShahRasavaidya (1921). Bharat bhaishajya Ratnakar(Volume 1) B. Jainpublishers, New Delhi.
2. Shree Nagindas Chaganlal Shah Rasavaidya (1921). Bharatbhaishajya Ratnakar(Volume 2) B. Jain. publishers, New Delhi.
3. Shree NagindasChaganlal ShahRasavaidya (1921). Bharatbhaishajya ratnakar (Volume 3). B. Jain. publishers, New Delhi.
4. Shree Nagindas ChaganlalShah Rasavaidya. (1921). Bharat bhaishajya ratnakar(Volume 4). B. Jainpublishers. New Delhi.
4. Shree Nagindas Chaganlal ShahRasavaidya Bharat (1921). Bhaishajya ratnakar(Volume 5). B. Jain. publishers, New Delhi.